

## COMPETITION GUIDE

### RULES AND REGULATIONS JUNIORS (U8-12)

	MIXED	MIXED	MIXED	MIXED	Boys
	Under 8	Under 9	Under 10	Under 11	Under 12
Phase	Introductory	Development	Development	Competition	Competition
<b>REGULATIONS</b>					
Ground Size	80m x 60m	100m x 80m	100m x 80m	120m x 100m	Standard
Zones	yes	yes	yes	no	no
Zone rules 15 a side	Minimum 5 = 18 a side minimum 4 =			Minimum 5 players in back 1/2 ground with 2 inside 50 at stoppages and slow kick in	Minimum 5 players in back 1/2 ground with 2 inside 50 at stoppages and slow kick in
Mid zone players	Armbands	Armbands	Armbands		
Players on Ground	<b>6-9 a side</b> Equal per team Maximum 9	<b>9-12 a side</b> Equal per team Maximum 12	<b>9-12 a side</b> Equal per team Maximum 12	12-15 a side Equal per team Maximum 15	<b>15-18 a side</b> Equal per team Maximum 18
Min. number on ground	6	9	9	12	14
Maximum number on team list	15	18	18	20	22
Ball Type	Synthetic	Synthetic	Synthetic	Synthetic	Leather
Ball Size	2	2	2	3	3
Quarter Duration (mins)	10	12	12	15	15
Break Length 1/4, 1/2, 3/4 time	3.6.3	3.6.3	3.6.3	3.10.5	3.10.5
Scoring	No scores, ladders or finals permitted	No scores, ladders or finals permitted	No scores, ladders or finals permitted	yes	yes
Results	No recording of best players or goal kickers	No recording of best players or goal kickers	No recording of best players or goal kickers	No recording of best players or goal kickers	No recording of best players or goal kickers
<b>LAWS</b>					
Tackling	No tackling	Modified (Wrap tackle)	Modified (Wrap tackle)	yes	yes
Bumping	no	no	no	yes	yes
Stealing the ball	no	no	no	yes	yes
Barging	no	no	no	yes	yes
Smothering	no	no	no	yes	yes
Fending off	no	no	no	yes	yes
Shepherding	no	no	no	yes	yes
Bouncing the ball	1 max	1 max	1 max	Unlimited	Unlimited
Kicking off the ground	no	no	no	NO	yes
Ball-ups	Nominated Players	Nominated Players	Nominated Players	yes	yes
Throw-ins	no	no	no	no	no
Marking	Any reasonable distance	Any distance, shows control	Any distance, shows control	10m direct catch	10m direct catch
Distance penalty	25m	25m	25m	25m	25m
Deliberate out of bounds	no	no	no	no	no
Deliberately rushed behind	no	no	no	no	no
<b>UMPIRES &amp; COACHES</b>					
No. of Field Umpires	Club (x1-2)	Club (x1-2)	Club (x1-2)	Club (x2)	Club (x2)
Boundary Umpires	no	no	no	no	no
Coaches	On field	Optional	Optional	Sideline	Sideline